



BROADSIDE

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Editorial



Adventure Training in the Australian Defence Force

I am sure a lot of you, whether ex-service or current serving, would have participated in some type of Adventure Training. Over the years, Army has been the custodian of Adventure Training, however, with the formation of the Australian Defence Force (ADF) Sports Cell, Adventure Training has found a new home. The establishment of an Adventurous Training Program within the ADF Sports Cell represents an important and valuable step in recognising the contribution to ADF capability that Adventure Training provides. The use of Adventure Training within the ADF has been an integral part of our leadership, teamwork and resilience development for many years. The Adventure Training Program will provide a single coordinating authority function at the Joint level to ensure that ADF Adventure Training activities are well governed, aligned to strategic guidance, and conducted in a professional and safe manner, IAW an accredited National Skills Framework.



Royal Australian Navy sailor Petty Officer Physical Training Instructor Shane Murphy abseils down Deadman's cliff as part of an adventure training activity held at Shelly Beach in Manly, NSW.

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Events Calendar

(see [Calendar](#) for full details)

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01 Dec – HMAS Armidale
Commemorative service

05 Dec – Pearl Harbor Remembrance
service

08 Dec – Recruit School graduation

09 Dec – HMAS Cerberus Ceremonial
Divisions. (details below the Editorial)

11 Dec – Armed Merchant Cruiser /
LSI Service

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Latest Videos, Podcasts and News Headlines

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<https://navyvic.net>

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VIDEOS.....

- Open Arms - 40 Years
Supporting the Veteran
Community

Adventure training was first introduced during World War Two, where the survivors of many ship losses were often the older more experienced sailors rather than the younger and fitter sailors. It was determined that life experience had developed the minds of the older sailors to an extent where they were tougher in the face of peril. This observed phenomenon was the catalyst for a training school called Outward Bound (a nautical term for a ship's departure from the certainties of harbour). The training was developed to provide young sailors with the experiences and skills necessary to survive at sea. In the late 1950s, Sir Gerald Templar recognised a need in the British Army for unusual and exciting forms of training under junior leaders to develop initiative, self-reliance, resourcefulness, endurance and leadership. The term 'adventurous training' evolved. It called for the pursuit of unusual, challenging activities planned and executed by young leaders in an environment of physical and sometimes mental hardship.



Australian Army soldier Craftsman Brendan Harris instructs participants of Exercise Thura Yura on safety drills during an adventure kayaking activity at Surfleet Cove in Port Lincoln.

Adventure Training was introduced into the Australian Army in the late 1960s. In 1970, Major P.White wrote in the Army Journal of the many benefits of Adventure Training, including recruit development, the improved physical and mental condition of soldiers, increased knowledge of different climates, terrain and conditions as well as an increase in well-motivated soldiers. In 1975, General Peter Gration, then a Colonel and Director of Engineers in the Australian Army, led a party of 16 Sappers and one Army doctor on the ADF's first overseas Adventure Training activity, a trek to Everest's base camp and up the nearby trekking peak of Kala Pattar. In preparation for this activity, Colonel Gration

- ADF personnel bring joy to Indian children
- Royal Australian Navy Band covers 'Levitating' by Dua Lipa!
- HMAS Adelaide conduct Crash on Deck Exercise
- Boxes stored inside Shrine of Remembrance unsealed
- Shō of Unity – Japan International Fleet Review 2022

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NEWS.....

Working in one of the Royal Australian Navy's largest ships is not a typical posting for Royal Australian Air Force (RAAF) members, but 20 aviators swapped their wings for sea legs to participate in Indo-Pacific Endeavour 2022 (IPE22).

On Nov. 12, 2022 Cowan became the executive officer (XO) of the Gold Crew of the Ohio-class ballistic missile submarine USS Kentucky (SSBN 737), making her the first woman to serve as XO of a U.S. Navy submarine.

The Albanese Labor Government is delivering cost of living relief for more Australian Defence Force (ADF) members and veterans with key changes passed today in the Federal Parliament to help them buy their own home.

The Assistant Minister for Veterans' Affairs and Defence, Matt Thistlethwaite, officially opened the Open Arms office in the Melbourne CBD on Friday 18 November.

Mike Carlton has emerged as a gifted historian of Australia's outstanding naval contributions in two world wars. He polishes this reputation in his new book, The

established the conditions of service that formed the basis for all subsequent ADF Adventure Training overseas.

On 14 July 1987, the then Director General Army Training in Army Headquarters directed Lieutenant Colonel Robin Letts to conduct a study into Adventure Training in the Army. The aim of the study was to recommend revised objectives, procedures and systems of management to maximise the potential of Adventure Training in the Army. Interestingly, the first recommendation from the Letts Study was for a tri-Service approach to Adventure Training along the lines of the British Armed Services. Whilst this did not occur, one of the outcomes from his study was the establishment in 1989 of the Army Adventurous Training Centre, now the Adventurous Training Wing (ATW) located at Kapooka, NSW. Although staffed by Army, ATW trains Unit Adventure Training Leaders for the three Services. ATW is widely recognised as a 'centre of excellence' for Adventure Training.



Australian Army soldier Private Leslie Chang from the 7th Battalion, Royal Australian Regiment, scales down a cliffside at Whalers Way Sanctuary during Exercise Thura Yura in Port Lincoln.

A further benefit from the Letts Study was the use of Outward Bound to help address retention problems at the Royal Military College (RMC), Duntroon in the late 1980s. Historically, RMC had found that about 80% of the 'not-yet-suitable' applicants who had been asked to re-apply, did not do so. To overcome retention problems, Bridges Company (modelled on Rowallan Company in RMC Sandhurst, UK which reported a 90% success rate) was raised in October 1989. The 'not-yet-suitable' were given three months Adventure Training at the Army Adventurous Training Centre followed by a period of activities conducted by Outward Bound, prior to joining their peer group at RMC. Bridges Company (involving the application of Adventure Training) proved highly

Scrap Iron Flotilla: five valiant destroyers and the Australian war in the Mediterranean.

The Australian Defence Force Academy (ADFA) rowing team has been crowned winner of the Disher Cup Regatta for 2022

Members of Australian Defence Force Sport are delivering a sports officials program in Suva, Fiji, as a sign of the two countries' shared passion for sport.

Navy ships from Australia, Japan, and Canada fired their biggest guns during a multinational gunnery exercise (gunex) in the North Pacific Ocean near Japan.

Cooperation was heightened, skills strengthened and relationships deepened as Exercise Malabar drew together Australian, Japanese, Indian and United States forces for high-end warfighting training.

Team of divers complete three-year mission to create 3D map of sunken World War II Japanese submarine

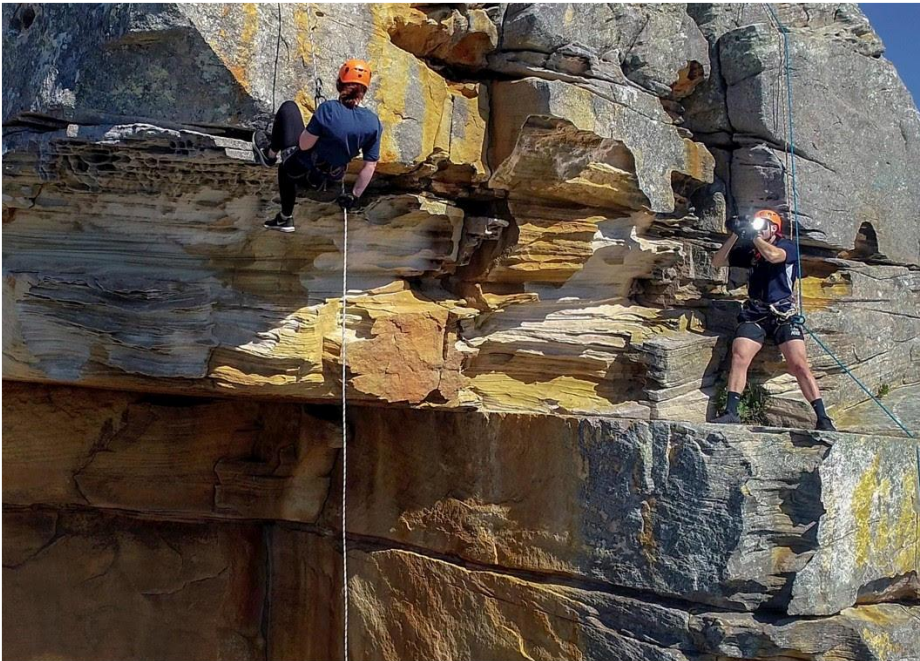
In a slick display of navy-to-navy cooperation and coordination, HMAS Hobart refuelled at sea in early November while sailing with US Navy Ship Rappahannock off Honshu, Japan.

The ship's company of HMAS Hobart conducted an intense damage-control exercise off Japan's coast during the Japan Maritime Self-Defense Force's (JMSDF) International Fleet Review search-and-rescue exercise.

successful and only ceased in June 1991 when, due to reduced Army recruiting requirements established by a Force Structure Review, it was no longer needed.

Adventure Training has been used by many Defence forces around the world as a means to take their members outside their comfort zone so that they were better prepared for what they may face in battle. The following extract from a London Times article dated 22 June 1982, shows the important role adventure Training played in the lead-up to the Falklands war:

"What the Falklands campaign has so clearly and successfully highlighted, is the value of very hard fitness training, the high standard of junior leadership and quick-thinking professionalism shown by the soldier. This is one of the tremendous new strengths of the British Army, aided by the deliberate fostering of special adventurous training; risk taking skills have been deliberately provided and financed and this has paid excellent dividends."



Royal Australian Navy sailor Able Seaman Imagery Specialist Thomas Sawtell photographs Leading Seaman Electronics Technician Emilee McMahon while abseiling Deadman's cliff during an adventure training activity at Shelly Beach in Manly, NSW.

The Adventure Training Wing was closed by Army in January 2022 due to resourcing pressures. The inclusion of Adventure Training as part of the ADF Sports Cell will ensure all Defence personnel regardless of service will have the opportunity to build leadership and resilience in a supportive, safe and professional manner.

Yours Aye!
NVN Team

U.S. aircraft carriers USS George H.W. Bush (CVN-77) and USS Gerald R. Ford (CVN-78) will exercise with aircraft carriers from France, Italy and the United Kingdom as part of a joint operation across Europe meant to show NATO interoperability, the Pentagon announced.

A report released today into the rate of suicide among current and former serving Australian Defence Force (ADF) personnel reaffirms that suicide prevention must be a matter of national priority. The report, Serving and ex-serving Australian Defence Force members who have served since 1985 suicide monitoring: 1997 to 2020, prepared by the Australian Institute of Health and Welfare, is the fifth annual suicide monitoring report commissioned by the Department of Veterans' Affairs (DVA). Minister for Veterans' Affairs and Defence Personnel Matt Keogh says the death of any current or former serving ADF member is a tragedy felt deeply by all in the Defence and veteran communities. "Sadly, this latest report found that 1,600 ADF members and veterans with service after 1985 died by suicide between 1997 and 2020,"

Two Australian warships were closely tracked by the Chinese military last month as they passed some of Beijing's most heavily fortified islands in the South China Sea.

On Nov. 8, U.S. 5th Fleet intercepted a fishing vessel in the Gulf of Oman smuggling lethal aid, including a large quantity of explosive material, from Iran to



HMAS Cerberus Ceremonial Divisions

09 December 2022

"The CO of HMAS Cerberus has kindly extended an invitation to all Navy Veterans in Victoria to attend the Ceremonial Divisions being held on the Base from 0830 to 1000 on Friday 9 December 2022. The new Chief of Navy, Vice Admiral Mark Hammond AM RAN, will be the Reviewing Officer. Although members of the various Navy Ex-Service Organisations (ESOs) and Associations in Victoria should register their interest via their President/Secretary (who will submit a consolidated ESO/Association attendance list to the 1st LEUT on their behalf), any **NVN readers** who are not members of an ESO/Association may send a personal email to the 1st LEUT (peter.martin8@defence.gov.au) to register their interest and to receive instructions on entry, parking and seating arrangements."



If you know of any of our Navy family that has crossed the bar, please don't hesitate to [contact us](#). If possible, list their Rank, Name, Number, the date of their passing and their age.

- † LSCIS S. Flanagan, 26 November 2022.
- † LSMTP3 M. Oates, 25 November 2022.
- † LdgAir(PM) D.G. Morris, A40686, 24 November 2022. Aged 93.
- † ABFC E.W. Henderson, R55696, 21 November 2022. Aged 80.
- † NA1(AH3) R.C. Parry, R/46214, 21 November 2022. Aged 89.
- † CPORS J.H. Thorp, R/51331, 15 November 2022. Aged 85.
- † ABWM A.M. Scott, R57090, 15 November 2022. Aged 79.
- † LSSM Richard Jones, 15 November 2022.
- † CPOCOXN F.J. Auty, R93781, 11 November 2022. Aged 76.
- † POHSM Darryl Harper, 11 November 2022.
- † RADM I.H. Richards, 10 November 2022. Aged 92.
- † CNS R.N. Boxall, R/51889, 06 November 2022. Aged 86.
- † SBA F.S. Reilly, R66749, 06 November 2022. Aged 75.
- † CERA J.L. Martin, R42230, 04 November 2022. Aged 79.
- † LAAH2 H.K. Thrupp, R/45019, November 2022. Aged 89.
- † POME K.B. Lee, R33729, 02 November 2019. Aged 98.
- † NAMA E K.G. Baker, R62428, 01 November 2022. Aged 79.
- † LRO T.J. Ireland, R54365, 30 October 2022. Aged 82.
- † LEUT D.G. Anstee, A49420, 29 October 2022. Aged 91.
- † AB A.D. Garwood, PM8547, 27 October 2022. Aged 96.

All of the above names now appear in perpetuity on our special [Memorial Wall](#) on our website.

Lest We Forget

Yemen. U.S. Coast Guard ship USCGC John Scheuerman (WPC 1146) and guided-missile destroyer USS The Sullivans (DDG 68) discovered more than 70 tons of ammonium perchlorate, a powerful oxidizer commonly used to make rocket and missile fuel as well as explosives.

Defence scientists featured on an expert panel at Australia's largest gaming convention in October, discussing the use of game techniques, technologies and innovation to help prepare Defence forces for future challenges.

One of the giants of Australian politics and defense is calling for a "massive" increase in defense spending.

The U.S. Navy's next-generation guided-missile destroyer could cost up to \$3.4 billion a ship, while its next-generation SSN(X) attack boat could cost up to \$7.2 billion.

China has unveiled air-launched versions of its ship-based hypersonic missile and a standoff cruise missile at the Zhuhai Airshow, going on this week in the southern Guangdong province near Taiwan.

Indo-Pacific Endeavour has returned to India for the third time, engaging in military-to-military exchanges, volunteer work in the community and concluding the regional partnership activities by sailing in company with Indian Navy ships.

Smiles and laughter were uniform of the day when personnel from Australian ships visited children's

OUR NOVEMBER HERO



Midshipman Robert Ian Davies MiD

Robert Ian (Bob) Davies (1923-1941), naval officer, was born on 13 November 1923 at Greenwich, Sydney, son of Thomas Robert Davies, a native-born clerk, and his wife Mabel Irene, née Saville, from England. 'A friendly, fresh-faced lad', Bob attended North Sydney Boys' High School. In 1937 he entered the Royal Australian Naval College, Flinders Naval Depot, Westernport, Victoria. He gained colours for athletics and for Rugby Union football, a game in which he also showed 'strong, determined running'. Graduating near the top of his class in 1940, he was promoted midshipman on 1 January 1941 and sent to England for sea-training. On 8 March he joined the battle cruiser, H.M.S. Repulse. Although involved in little action, the ship spent long periods at sea and Davies demonstrated his mettle as an officer of quarters of close-range guns.

In October 1941 the British government decided to deploy a battle fleet to Singapore with the aim of deterring Japan from entering the war on the side of the Axis powers. It was intended that the principal units of the new Eastern Fleet would be Repulse, the battleship, Prince of Wales, and—to provide 'all-important self-contained air cover'—the aircraft-carrier, Indomitable. The fleet was not to have Indomitable's services, however, as she ran aground in the West Indies in November. An 'unbalanced token force' of two capital ships and their escort of destroyers arrived at Singapore on 2 December. His full story can be found in our [Hero Section.....](#)

homes in Vishakhapatnam, India, during a port visit this month.

Three Indigenous sailors from HMAS Hobart opened an official reception on board the ship in Yokosuka, Japan, during International Fleet Review Week.

The Northern Territory government quietly approached the Defence Department, seeking to discuss Australia's nuclear submarine program, according to internal briefing documents.

Chief of Navy Vice Admiral Mark Hammond visited Japan for high-level talks and official events to mark the 70th anniversary of the Japan Maritime Self-Defense Force (JMSDF).

Austal delivers 3rd Evolved Cape-Class Patrol Boat to RAN. The vessel, ADV Cape Naturaliste, was officially accepted by the Commonwealth of Australia.

The trio of Zumwalt-class guided-missile destroyers could each field up to a dozen hypersonic missiles, with the first ship ready for testing in 2025, USNI News has learned. The service has determined that the hull can accommodate four 87-inch missile tubes that can each hold multiple missiles.

FlyBy – A periodical of the Fleet Air Arm Association of Australia.

[November edition.....](#) (Note: right mouse click the link to download the document)

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**Merry Christmas
from the NVN Team**