

ANZAC DAY MARCH 2017 MELBOURNE

The day loomed dark and stormy as we headed from all parts of the compass to the 2017 ANZAC DAY March. I even took my raincoat for protection. But as we gathered to the fray the skies lifted and there was no rain for the whole parade - well not while we were marching and gathered under our tree for the Memorial Service.

For the statistically minded:

: Nev Phillips marched with no assistance in front of HMAS Kanimbla banner - Great job Nev.

: Sharna pushed her grandfather Bill Tattersall in front of HMAS Kanimbla banner.

: There were 5 Veterans in cars including Hiram Ristrom, who was given the honour of leading the ANZAC Day march albeit that the driver left ahead of schedule, but the less said about that the better.

: About 30 descendants marched behind their respective banners of HMAS Manoora, HMAS Kanimbla, HMAS Westralia and HMAS Assault.

There were 60 plus at our tree where firstly Graham Robinson, President of HMAS Manoora, spoke; then Hiram Ristrom, President of HMAS Kanimbla and Mary-Beth Hosking Vice President of AMC/LSI Association of Vic read out the names of those who had " passed the Bar ".

Jackson Hosking, son of Mary-Beth, played the Last Post and then Reveille and Hiram read the Ode. We all gathered round after the events were over and had a chat to our Veterans who we love and adore.

Then it was off to our respective places for lunch at 10.00am! Jardin Tan did a wonderful job of accommodating us at short notice. We were away from the thronging masses; the food was sensational - people were taking photos of the food it was that good - and there was a good camaraderie with over 30 people present.

ALL IN ALL IT WAS A WONDERFUL DAY WHEN WE TAKE OFF OUR HATS TO OUR VETERANS AND SAY, <u>3 CHEERS!</u>

GAYE LEWIS RETIREMENT

We wish to announce that Gaye Lewis, after 4 years of amazing work, has retired from the Secretary's position and has stepped down from the committee of AMC/LSI Association of Victoria.

We are indebted to Gaye for:

- : Writing the newsletter.
- : Sending Happy Birthday cards and Get Well cards to all Veterans.
- : Ringing up people to talk and see how they are.
- : Going to Funerals and visiting Veterans in hospital.

Not to mention the Excel Spreadsheet that has every Veteran and descendants in chronological order and is maintained meticulously.

Gaye, we salute you!! You will live long in our hearts as the best Secretary and friend ever.

From the Committee



This is our Tree of Remembrance in the Shrine grounds in Melbourne: 6 Veterans and over 60 descendants attended. **Doug Hooley** Jeff Lovegrove A.M 1943-47 HIN TATIC 1 Hiram Ristrom, Nev Phillips, Tas Luttrell and Jack Austin Neil and Lee Anderson / Thea Bradford **Hiram Ristrom President of HMAS Kanimbla Association** Jardin Tan Restaurant Royal Botanic Gardens **Tas Luttrell Nev Phillips Carol Zeuschner** Pierre Becu

WW2 Pacific War Exhibition Shrine of Remembrance on Friday 21st July

David (Speed) Dwyer, Secretary of HMAS Sydney & VLSVA of Vic has been tasked to seek out any WW2 Navy Veterans who would like to attend the opening with family and friends. It is an invitation only event so if you wish to attend with family or friends please contact David (Speed) Dwyer on Home 03 9720 8183 or email davidgdwyer@hotmail.com The Shrine will send out invitations via Australia Post.

Mission Statement

ANZAC DAY SYDNEY NSW, photo's by Melissa Stevens

Gordon"Goffers"Graham (Westralia) Charles Blunt (Son of Westralia veteran) John North (Son Of Westralia Veteran) & John's S

Ron Williams (Manoora) & Grand Daughter Georgia



Gordon"Goffers"Graham (Westralia) Gordon's Grandson & Bella Muller

MERCHANT CRUISERS

IMAS RALIA

President AMC/LSI NSW

Beverley Gray(Daughter of Thomas William Richards-Kanimbla Army)Daughters LtoR Fiona & Melissa & Grand Daughter Bella





HMS / HMAS

Ron Williams (Manoora) George Hinton (Karimbia)







March: Frank Byrne, John Peck, Gerry Miller, Danny Bolton.

April: Hugh Sutton, Ian Gardner, Ken Ray, Kelvin Smibert, Bob Hutchieson, Paul Figucio, Goffers Graham, Stanley Price.

May: Frank Birmingham, Kevin Brown, Steve Gooch, Bruce Brown.

June: Keith Overton Tom Clark S.A, Jack Wighton Ron Feben, Brian Sullivan, Hiram Ristrom, Bill Galton, Pat Phillips, Keith Krause, Mary Beth.

And, to those we may have missed-please let us know and

we wish you a " Very Happy Birthday"

VALE

We regret to advise of the passing of the following Veterans and/or their wives. Our sincere condolences go to their families and friends.

AB Sydney John Donald ATKINSON 04/04/2017. Sub Lt Thomas (Tom) Boyd CLARK 26/04/2017. AB Brian Hamilton WEARNE 16/05/2017. Fay Bowden ROBERTS 1/6/2017.



LEST WE FORGET



THANK YOU

for your donations

We wish to thank and acknowledge the following generous donations received since our last newsletter from:

- Brian Sullivan
- Ian Gardner
- Mrs Edna Bray for Keith Bray,
- Chris Harvey For Syd Harvey,
- Wendy Kelly for Alan Kelly.

All Donations go to help us post our Newsletter 3 times a year (150 go by email) and Birthday, Christmas, Sympathy, Get Well and Thank You cards.

If you wish to donate to the AMC/LSI Association of Victoria you can either send a cheque to:

1/129 Surrey Road Blackburn Vic 3130

or

Transfer funds to Westpac Bank

Account No 42-2541 BSB No 033-070 In Description Box please state donation & your name

Caps \$25 each + P & H.

MERCHANDISE

Caps \$25 each + P & H.

To order phone MAX TOZER (03) 9782 8353 or write to 6/19 Robin Dr Carrum Downs, Vic 3201.







Meeting with Imelda Marcos written by Hiram Ristrom

Six Kanimbla people returned to the Philippines to commemorate the 50th anniversary of the landing to liberate the Philippines in the Tacloban area on the 20th October 1944 on the island of LEYTE.

The members of the Kanimbla party were Ken and Delia Barrett, Nevin Phillips, Josie Sandford, Tom Leigh and Hiram Ristrom. We spent a week in Manila at the Tropicana Motel Makati before flying down to Leyte on the 18th and booked in at Don's Cabins in one of the main streets of Leyte.

On the 18th we visited a photographic exhibition in Leyte and a Filipino chatted to us and said there was a veteran's lunch being put on at the Marcos Country Estate. We were told the Marcos family were not there but we would be most welcome to join the Filipino Veterans for lunch. We had a pleasant lunch with the Filipinos and decided to walk through to the beach after lunch about 1/4 of a mile from the BBQ recreation area building.

On the way to the beach we had to pass the Marcos residence which was about 150 yards from the BBQ. As we approached we could hear a piano and singing. The group were in an open area under the house and beckoned us over and came to meet us. It was Imelda Marcos, the former Presidents wife and entourage. (Imelda Marcos was famous worldwide for her shoe collection) I think she had red shoes on that day we met her.

After a photo shoot and being filmed for TV, we were invited to join her party but declined as we had been up since 3.30am and facing a 2 mile march the next day in the tropical heat.

We returned to Tacloban after a very interesting and eventful day. The next evening, October 19th, a Veterans night was held with a Barrio Fiesta put on by the City Government of Tacloban at 7.30pm in a recreation ground. Local and foreign veterans were present and honoured. We sat at trestle tables under open sided shelters with thatched roofs. We were well supplied with food, drink and entertainment. After our meal, we wandered around meeting lo-



cal and US veterans and local people. We had to leave the function by 10pm as we had to be up early to get the bus to Palo for the re-enactment of the landing 50 years ago on the 20th October 1944. As we were leaving the Fiesta, Imelda Marcos and her entourage arrived. Tom Leigh managed to have a quick chat with her, Thus ended a couple of memorable days.

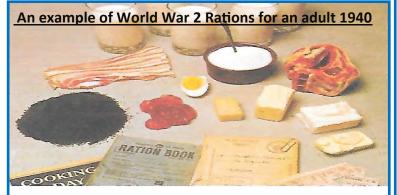
The Department of Veteran Affairs (DVA) provides support to current and former serving members and their families through a range of benefits.

High Res mobile app and website

High Res is a new suite of resources to support the mental heath and wellbeing of serving and ex-serving ADF members and families. The High Res website and companion app offers interactive tools and self-help resources to help users cope better with stress, build resilience and bounce back from tough situations, The website also provides a personal 'dashboard' where users can develop a resilience plan, set goals and track their progress.

<u>High Res website</u> is available on DVA's <u>At Ease mental health portal.</u> <u>High Res app</u> is free from iOS App Store and Android Google play

Our instinctive response to a stressful situation may not always be the best one. High Res can assist serving and ex-serving Australian Defence Force personnel and their families to manage the daily stresses of military life, deployment ,transition to civilian life and life post-service. If you would like to learn more visit: www.at-ease.dva.gov.au



What could you make with World War 2 Rations? Taking a look at the limited rations of yesteryear we came up with the following recipe you can try at home. QUICHE LORRAINE

1 sheet of frozen Puff Pastry (or shortcrust) 1 cup grated cheese 250g bacon chopped (fry and drain) 3 eggs 3/4 cup cream 1 small onion chopped 1/4 teaspoon nutmeg Salt and pepper Place the pastry in a pie dish and make some air holes with a fork, arrange layer of bacon and cheese then sprinkle onion on top, beat eggs and combine with cream and seasoning then pour over cheese, bake in hot oven for 10 minutes then reduce heat to moderate for further 30 minutes or until set.

This recipe uses all of the available ingredients but in 1940 these were to last one week. We take our lives for granted but in war times food was at a premium. I wonder how many of us could survive a week on this.

WHAT'S ON

Sunday 3 September

Naval Memorial Club 36 Barretts Rd Langwarrin South, Tribute Lunch to our Living Legends, Navy WW2 & Korea \$30 @ 12 noon. To book contact David Speed Dwyer No Charge to WW2 Veterans H 9720 8183 M 04236 75146 davidgdwyer@hotmail.com

Monday 11 September

11.00am Battle of Bita Paka WW1 Wreath Laying at the Shrine of Remembrance.

Saturday 21 October 7.00pm

Navy Ball Melbourne Town Hall, Dress: Black Tie & miniature medals \$ 155 per person, all service, ex-service, descendants, Mariners plus families and friends are encouraged to attend.

Sunday 22 October 10.30am

Seafarers Service St Paul's Cathedral Melbourne.

Sunday 19 November 11.30am

HMAS Goorangai Wreath Laying, Ocean View reserve Queenscliff and lunch at the RSL \$30 per person.

Saturday 9 December 11.00am

HMAS WESTRALIA, KANIMBLA, MANOORA & ASSAULT Wreath Laying Ceremony Shrine of Remembrance-Sanctuary, Followed by Xmas Lunch & Get-Together 12.30pm at Bentleigh RSL.

All are Welcome

Mission Statement